

Duchy 20 - 1st March 2020

Place	Bib	Name	Age Group	Club	ChipTime	GunTime
1	173	Carl MURPHY	Male 40-44	Mile High	2:05:48	2:05:48
2	165	Aaron BENNEY	Male 35-39	Mile High	2:05:49	2:05:50
3	222	Alex PEYTON-JONES	Male 35-39	Plymouth Harriers	2:08:26	2:08:27
4	242	Noel KINDON	Male 40-44	Cornwall AC	2:12:56	2:12:57
5	197	Kieran MURRANT	Male 17-34	Falmouth Road Runners	2:13:24	2:13:25
6	75	James Lee BRYDON	Male 17-34	St Austell Running Club	2:13:45	2:13:46
7	120	Thomas ROSENFELD	Male 35-39	Hayle Runners	2:14:37	2:14:37
8	71	Emma STEPTO	Female 45-49	Cornwall AC	2:15:08	2:15:08
9	229	Alex MARPLES	Male 40-44	Truro Running Club	2:16:38	2:16:42
10	214	Tom CARTHEY	Male 35-39	Falmouth Road Runners	2:16:53	2:16:55
11	7	Steven WHERRY	Male 55-59	Hayle Runners	2:17:34	2:17:34
12	46	Paul SAWFORD	Male 50-54	Carn Runners	2:16:32	2:17:35
13	147	Neil HAYHURST	Male 35-39	Hayle Runners	2:17:55	2:17:56
14	27	Steve BABB	Male 50-54	Newquay Road Runners	2:18:26	2:18:28
15	174	Jon WATERS	Male 17-34		2:18:58	2:19:01
16	111	Phil MIDGLEY	Male 50-54	Newquay Road Runners	2:19:27	2:19:29
17	31	Stephen Williams	Male 35-39	St Austell Running Club	2:21:13	2:21:14
18	136	Stephen SINCOCK	Male 60-64	Okehampton RC	2:21:45	2:21:47
19	124	Nigel LUTEY	Male 35-39		2:22:23	2:22:24
20	123	Sarah HOSKIN	Female 35-39	Mile High	2:23:35	2:23:38
21	211	Richard KEEFE	Male 45-49	Falmouth Road Runners	2:24:50	2:24:51
22	162	Andrew KEY	Male 17-34	Carn Runners	2:25:37	2:25:39
23	149	Jason AXE	Male 17-34		2:25:55	2:26:09
24	195	Wayne SARA	Male 40-44	Falmouth Road Runners	2:26:26	2:26:29
25	163	James COCKLEY	Male 17-34	Joeli Norman	2:27:13	2:27:17
26	182	Kevin MARSHALL	Male 55-59	Launceston Road Runners	2:28:27	2:28:32
27	188	Chris COX	Male 45-49	Cornwall AC	2:28:40	2:28:43
28	166	Stephanie HEARN	Female 17-34	Cornwall AC	2:28:43	2:28:49
29	220	Ben HIEBER	Male 55-59	Newquay Road Runners	2:29:42	2:29:45
30	132	James SAUNDERS	Male 55-59	Teignbridge Trotters	2:29:45	2:29:47
31	134	James DAVIES	Male 35-39	Truro Running Club	2:29:55	2:30:02
32	101	Daniel LAW	Male 17-34	Crediton Running Network	2:30:06	2:30:14
33	47	James MANNING	Male 40-44	Hayle Runners	2:30:52	2:30:53
34	8	Aidan JEPSON	Male 35-39	Truro Running Club	2:31:12	2:31:17
35	223	Lee HERBERT	Male 40-44	Plymouth Musketeers	2:32:57	2:33:19
36	175	Rosalie GOLDSWORTHY	Female 40-44	East Cornwall Harriers	2:36:18	2:36:21
37	41	Rob STANDING	Male 45-49	Truro Running Club	2:36:16	2:36:21
38	24	Will LUCKHURST	Male 50-54	Hayle Runners	2:36:58	2:37:03
39	189	Emma MOSSOP	Female 45-49	Falmouth Road Runners	2:37:00	2:37:03
40	62	Jamie WALLIS	Male 35-39	Lonely Goats RC	2:37:50	2:37:56
41	77	Lee CARTER	Male 17-34	Newquay Road Runners	2:39:42	2:39:48
42	176	Mandy GIBSON	Female 40-44	Looe Pioneers	2:39:52	2:39:56
43	92	Duncan KNIGHT	Male 45-49	Teignbridge Trotters	2:39:45	2:40:06
44	212	Pete LEWIS	Male 45-49		2:40:19	2:40:25
45	142	Lee POLLARD	Male 17-34	Tamar Trotters	2:40:27	2:40:43
46	64	Matt STOKELD	Male 40-44		2:40:52	2:40:56
47	218	Hannah JONES	Female 40-44	Teignbridge Trotters	2:40:46	2:40:58
48	186	Claire HARRIS	Female 35-39	Fremington Trailblazers	2:41:00	2:41:02
49	45	David FOY	Male 45-49	Falmouth Road Runners	2:41:22	2:41:28
50	172	Jiri KEMPNY	Male 45-49	St Austell Running Club	2:42:25	2:42:37
51	194	Joe BROOKS	Male 45-49	Tamar Trotters	2:42:27	2:42:42
52	18	Amanda HEWITT	Female 45-49	Cornwall AC	2:44:13	2:44:19
53	97	Kirsty MEDLOCK	Female 35-39	Hayle Runners	2:44:23	2:44:26

Place	Bib	Name	Age Group	Club	ChipTime	GunTime
54	112	Jon ELDON	Male 55-59	Carn Runners	2:44:39	2:44:44
55	94	Fiona MONTAGUE	Female 40-44	Tamar Trotters	2:44:31	2:44:46
56	128	Andy MILLWARD	Male 55-59	Carn Runners	2:44:36	2:44:50
57	119	Emma BROCK	Female 35-39	Plymouth Striders	2:44:51	2:44:54
58	171	Rebecca TOSSELL	Female 35-39	Hayle Runners	2:45:12	2:45:14
59	169	Dean CORNISH	Male 45-49	Tamar Trotters	2:45:22	2:45:38
60	170	Andy WEBB	Male 40-44		2:45:22	2:45:38
61	30	Alan WHERRY	Male 55-59	St Austell Running Club	2:46:09	2:46:24
62	210	Paul GRAYSON	Male 55-59		2:46:36	2:46:43
63	36	Rosie BRADBURY	Female 17-34	Falmouth Road Runners	2:47:11	2:47:16
64	205	Ross BUSCOMBE	Male 17-34	St Austell Running Club	2:46:58	2:47:27
65	10	Ben KEVERNE	Male 35-39		2:47:51	2:48:14
66	216	Charlotte BENNETT	Female 45-49	Hayle Runners	2:48:45	2:48:49
67	35	Matthew BOYNTON	Male 17-34	St Austell Running Club	2:48:56	2:49:00
68	244	Colin Bunting	Male 50-54	Tamar Trotters	2:49:06	2:49:22
69	230	Marc YOUNG	Male 45-49	Plymouth Musketeers	2:49:11	2:49:34
70	160	Scott ABRAHAM	Male 45-49	Hayle Runners	2:40:03	2:50:13
71	167	Melissa NICHOLAS	Female 17-34	Hayle Runners	2:50:45	2:50:56
72	225	Becky MATTHEWS	Female 17-34	Exmouth Harriers	2:50:59	2:51:22
73	243	David Jones	Male 35-39		2:51:00	2:51:22
74	34	Mathew HENDERSON	Male 17-34	St Austell Running Club	2:52:37	2:52:51
75	109	Katie BULLOCK	Female 35-39	Newquay Road Runners	2:53:00	2:53:07
76	44	Gail HARTILL	Female 45-49	Bodmin Road Runners	2:53:13	2:53:20
77	217	Mark MAIDWELL-SMITH	Male 60-64	Truro Running Club	2:53:30	2:53:35
78	164	Alison ENGLEDEW	Female 60-64	Erme Valley Harriers	2:53:20	2:53:38
79	91	Monique JEFFREY-JONES	Female 45-49	Bodmin Womens RC	2:53:35	2:53:43
80	29	Claire TODD	Female 45-49	St Austell Running Club	2:53:19	2:53:47
81	144	Debbie MITCHELL	Female 45-49	Hayle Runners	2:53:48	2:53:53
82	2	Steven MACLAREN	Male 50-54	Hayle Runners	2:53:45	2:53:53
83	152	Steven BULLEN	Male 50-54	Tamar Trotters	2:53:41	2:53:57
84	228	Liz TREBILCOCK	Female 55-59	Truro Running Club	2:54:15	2:54:21
85	236	Pez HARGREAVES	Male 50-54	Falmouth Road Runners	2:54:14	2:54:25
86	87	Martin PETERS	Male 50-54	Plymouth Striders	2:54:50	2:54:52
87	85	Julie HEDGES	Female 55-59	South West Road Runner	2:54:31	2:54:54
88	4	Sharon LAMERTON	Female 45-49	Hayle Runners	2:56:13	2:56:23
89	51	Rachael WILSHER	Female 55-59	Bodmin Road Runners	2:56:51	2:56:59
90	237	Melissa POULTNEY	Female 40-44	Hayle Runners	2:57:34	2:57:47
91	33	Ross LAWRY	Male 40-44	St Austell Running Club	2:57:48	2:58:02
92	140	Maria WILLIAMS	Female 55-59	Hayle Runners	2:58:01	2:58:13
93	79	Claire WINFIELD	Female 50-54	Launceston Road Runners	2:58:09	2:58:17
94	48	James CANN	Male 35-39	St Austell Athletes RC	2:58:02	2:58:19
95	68	Jo TAPSELL	Female 45-49	Bodmin Womens RC	2:58:31	2:58:39
96	117	Jo DOWNS	Female 45-49		2:58:30	2:58:48
97	234	Kathryn STEEMSON	Female 45-49	Teignbridge Trotters	2:58:29	2:58:51
98	81	Laura RAWLINGS	Female 35-39	Ocean City RC	2:59:32	2:59:35
99	118	Naomi ASTILL	Female 17-34	Hayle Runners	3:00:05	3:00:10
100	219	Elaine ADAMS	Female 40-44	Hayle Runners	3:00:10	3:00:21
101	105	Fran MOSCO	Female 35-39	South West Road Runner	3:00:03	3:00:28
102	215	Maggie SALTER	Female 55-59	Bristol & West	3:00:18	3:00:35
103	206	Robin PHILPOTT	Male 45-49		3:01:09	3:01:21
104	200	Jenny MILLS	Female 70-74	Launceston Road Runners	3:01:23	3:01:32
105	76	Richard MORTON	Male 65-69	Tamar Trotters	3:01:25	3:01:41
106	125	Jon FLETCHER	Male 35-39		3:02:21	3:02:48
107	131	Nicola GEARING	Female 35-39	Tri Logic Cornwall	3:02:38	3:02:49
108	178	Oisin CURTIS	Male 17-34	Hayle Runners	3:03:06	3:03:18

Place	Bib	Name	Age Group	Club	ChipTime	GunTime
109	129	Richard COLLETT	Male 35-39	Hayle Runners	3:02:55	3:03:22
110	40	Andy MOORE	Male 60-64	Hayle Runners	3:03:22	3:03:29
111	213	Richard STEPHENS	Male 35-39		3:03:13	3:03:30
112	145	Helen DODWELL	Female 40-44	Truro Running Club	3:03:50	3:04:00
113	20	Louise JARRETT	Female 40-44	Tri Logic Cornwall	3:03:51	3:04:03
114	133	Max CONROY	Male 17-34	Teignbridge Trotters	3:03:53	3:04:14
115	207	Tom POWELL	Male 17-34	Falmouth Road Runners	3:04:18	3:04:31
116	32	Lee WILLIAMS	Male 45-49	St Austell Athletes RC	3:04:19	3:04:36
117	93	Kim KNIGHT	Female 45-49	Teignbridge Trotters	3:05:41	3:06:02
118	110	Peter BLAKESLEY	Male 60-64	Teignbridge Trotters	3:05:38	3:06:02
119	17	David BROWN	Male 50-54		3:06:21	3:06:28
120	209	Alison CATNACH	Female 45-49	Looe Pioneers	3:06:28	3:06:37
121	157	Glyn STANLEY	Male 55-59		3:08:31	3:09:03
122	60	Kerri ROWE	Female 35-39	Bodmin Road Runners	3:09:07	3:09:18
123	191	Tracey RICHARDS	Female 45-49		3:09:35	3:09:49
124	198	Kym HAYLETT	Female 17-34		3:09:38	3:09:52
125	241	Sharon DAW	Female 50-54	East Cornwall Harriers	3:09:51	3:09:55
126	221	Michelle STEELE	Female 35-39	Newquay Road Runners	3:10:06	3:10:12
127	114	Ella WILLIAMS	Female 40-44	Newquay Road Runners	3:10:08	3:10:13
128	204	Matt PHILLIPS	Male 55-59	St Austell Running Club	3:11:07	3:11:35
129	199	Jane MOORE	Female 55-59	St Austell Running Club	3:11:07	3:11:35
130	179	Andrew EXELBY	Male 40-44		3:13:07	3:13:31
131	150	Frazer HUMBLE	Male 35-39	Hayle Runners	3:13:14	3:13:41
132	95	Ruth TERRY	Female 17-34	Erme Valley Harriers	3:14:34	3:14:52
133	154	Rob POPE	Male 55-59	Truro Running Club	3:15:02	3:15:13
134	14	Sarah BRANDWOOD	Female 40-44	Mile High	3:15:06	3:15:21
135	88	Paul BRANDWOOD	Male 40-44	Tri Logic Cornwall	3:15:06	3:15:21
136	72	Nancy POULTER	Female 40-44		3:16:54	3:17:03
137	86	Sarah COX	Female 35-39	Bodmin Womens RC	3:16:54	3:17:03
138	70	Lindsay LANE	Female 40-44	Erme Valley Harriers	3:17:57	3:18:14
139	42	Diane FOSTER	Female 45-49	Looe Pioneers	3:18:08	3:18:25
140	190	Helen LAWES	Female 45-49	Looe Pioneers	3:18:08	3:18:25
141	192	Karina BOWERS	Female 40-44	St Austell Running Club	3:18:30	3:18:57
142	130	Ben SMITH	Male 35-39	Tamar Trotters	3:18:49	3:19:11
143	245	Jamie Paine	Male 17-34		3:19:36	3:19:38
144	67	Ian JONES	Male 65-69	Tavistock AC	3:19:16	3:19:39
145	90	David JACKSON	Male 45-49	Falmouth Road Runners	3:19:34	3:19:47
146	69	Richard LANE	Male 50-54	Erme Valley Harriers	3:19:37	3:19:55
147	108	Eleanor TAYLOR	Female 60-64	Teignbridge Trotters	3:20:27	3:20:50
148	19	Jane STEDMAN	Female 55-59	100 Marathon Club	3:22:52	3:23:02
149	49	Julie OXENHAM	Female 45-49	Bodmin Road Runners	3:22:52	3:23:02
150	240	Helen STEVENSON	Female 35-39	Bodmin Road Runners	3:22:51	3:23:02
151	50	Claire BARLOW	Female 45-49	Bodmin Road Runners	3:22:51	3:23:02
152	227	Tim SYNGE	Male 55-59	Westbury Harriers	3:23:00	3:23:15
153	80	Damian COOK	Male 45-49	Mounts Bay Harriers	3:22:58	3:23:18
154	115	Greg MAY	Male 35-39	Carn Runners	3:23:39	3:23:54
155	181	Gareth REES	Male 35-39		3:23:49	3:24:21
156	159	Rebecca ALLEN	Female 35-39	Carn Runners	3:24:04	3:24:28
157	116	Rachel WALLIS	Female 40-44	JP Fitness Cornwall	3:24:15	3:24:39
158	141	Sharon KINSELLA	Female 40-44	JP Fitness Cornwall	3:24:15	3:24:40
159	138	John BOSUSTOW	Male 45-49	JP Fitness Cornwall	3:24:13	3:24:41
160	143	Joanne HAMMILL	Female 45-49	JP Fitness Cornwall	3:24:16	3:24:41
161	63	Antony PENHAUL	Male 70-74	Mounts Bay Harriers	3:24:44	3:25:02
162	16	Lesley WILLIAMS	Female 55-59		3:24:47	3:25:06
163	202	Darren HARDWICK	Male 50-54	Looe Pioneers	3:25:52	3:26:07

Place	Bib	Name	Age Group	Club	ChipTime	GunTime
164	203	Jodie JARVIS	Female 45-49	PB Running Club	3:25:41	3:26:09
165	233	Becky WHEELER	Female 50-54	Carbon Fitness	3:27:25	3:27:52
166	185	Peter JAMES	Male 45-49	Launceston Road Runners	3:28:16	3:28:48
167	139	Mark HARVIE	Male 50-54		3:29:46	3:30:18
168	102	Denise LYDALL	Female 50-54	Falmouth Road Runners	3:30:06	3:30:30
169	98	Laura HAGHANI	Female 35-39	Hayle Runners	3:31:32	3:32:03
170	156	Kelly WHITEHEAD	Female 35-39		3:32:01	3:32:15
171	155	Samantha ALEXANDER	Female 50-54	Cornwall AC	3:32:02	3:32:15
172	38	Janet WATSON	Female 65-69	Carn Runners	3:32:24	3:32:42
173	158	Arlene POWELL	Female 35-39	Tamar Trotters	3:33:41	3:34:00
174	22	Catherine SIMS	Female 45-49	Tamar Trotters	3:33:41	3:34:01
175	113	Wiebke LAMMERS	Female 40-44	Falmouth Road Runners	3:34:14	3:34:27
176	168	Ruth JOHNSON	Female 55-59	Teignbridge Trotters	3:35:26	3:35:48
177	153	Alison TALEN	Female 40-44	St Austell Running Club	3:35:48	3:36:17
178	122	Katherine STEVENS	Female 40-44	St Austell Running Club	3:35:46	3:36:18
179	201	Gemma PATEMAN	Female 40-44	St Austell Running Club	3:35:47	3:36:18
180	196	Kirsty WEBB	Female 17-34	Looe Pioneers	3:37:12	3:37:31
181	235	Sue TREMLETT	Female 55-59	Teignbridge Trotters	3:37:28	3:37:49
182	84	Jo MINERS	Female 40-44	JP Fitness Cornwall	3:38:06	3:38:33
183	83	Lynne EGGINTON	Female 40-44	Storm Running Plymouth	3:38:07	3:38:33
184	82	Carly KENT	Female 40-44	Falmouth Road Runners	3:40:22	3:40:46
185	58	Nick PENTREATH	Male 55-59	Falmouth Road Runners	3:40:20	3:40:46
186	135	Susan FLOYD-NORRIS	Female 45-49	St Austell Running Club	3:41:48	3:42:17
187	100	Kath WISNER	Female 45-49	St Austell Running Club	3:41:48	3:42:17
188	55	Nina CHELL	Female 45-49	Falmouth Road Runners	3:42:38	3:43:04
189	13	Kate ROWLANDS	Female 35-39	Falmouth Road Runners	3:42:40	3:43:04
190	66	Lee CUSICK	Male 50-54	South West Road Runner	3:43:47	3:44:13
191	53	Mike REED	Male 50-54	Bodmin Road Runners	3:44:43	3:44:52
192	56	Rebecca BATEMAN	Female 40-44	Bodmin Road Runners	3:44:44	3:44:53
193	57	Stefan PALMER	Male 45-49	Bodmin Road Runners	3:44:44	3:44:55
194	23	Kathryn MARSH	Female 40-44	Carn Runners	3:45:51	3:46:04
195	5	Toby DREWETT	Male 45-49	Hayle Runners	3:48:09	3:48:43
196	183	Lavinia MARSHALL	Female 65-69	Launceston Road Runners	3:53:28	3:53:59
197	121	Mike LEMIN	Male 60-64	Tamar Trotters	3:53:39	3:54:01
198	184	Emma JAMES	Female 45-49	Launceston Road Runners	3:53:53	3:54:24
199	187	Tanya JARVIS	Female 50-54	Launceston Road Runners	3:53:53	3:54:24
200	193	Paula BROOKS	Female 50-54	Tamar Trotters	3:59:23	3:59:44
201	74	Claire PEMBERTON	Female 35-39		3:59:17	3:59:54
202	106	Helen DOBSON	Female 45-49	Mounts Bay Harriers	4:00:25	4:00:45
203	107	Michelle DUNKLEY	Female 45-49		4:00:26	4:00:45
204	3	Lesley TAPHOUSE	Female 55-59	Bodmin Road Runners	4:05:35	4:05:54
205	231	Mark SQUIRE	Male 60-64	Mounts Bay Harriers	4:09:15	4:09:26
206	54	Sarah JOHNS	Female 40-44	Mounts Bay Harriers	4:08:53	4:09:27
207	15	Sandra TRELEVEN	Female 45-49	Mounts Bay Harriers	4:08:53	4:09:27
208	238	Bryan MAYWOOD	Male 50-54	Looe Pioneers	4:09:34	4:09:59
209	1	Sharon HAMBLEY	Female 55-59	Bys Vyken	4:10:26	4:10:44
210	61	Nicola VOSPER	Female 60-64	Bodmin Road Runners	4:11:20	4:11:32
211	89	Justine ARMSTRONG	Female 50-54	Tamar Trotters	4:15:12	4:15:33
212	73	Clare AINSWORTH	Female 50-54	Tamar Trotters	4:15:12	4:15:33
213	239	Stacey HOCKING	Female 35-39	Hayle Runners	4:25:48	4:26:23
214	6	Laura WILLIAMS	Female 17-34	Hayle Runners	4:25:49	4:26:23
215	232	Helen SQUIRE	Female 55-59	Mounts Bay Harriers	4:31:46	4:31:57
216	59	Julie BOLITHO	Female 55-59	Mounts Bay Harriers	4:34:11	4:34:22